



NGO JEN

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Soup Kitchen Volunteers

Tohoku Earthquake

At 14:46, March 11th 2011, a devastating earthquake of M9.0, the largest in the recorded history of Japan, occurred off the coast of Miyagi prefecture. Over 20,000 people have been reported either dead or missing due to the earthquake (on the Japanese seismic scale, registering 7 in Miyagi prefecture and 6 plus in Fukushima prefecture), tsunami of 10m high and fire. With over 20,000 houses destroyed, more than 300,000 people were forced to evacuate and are enduring hardship at the evacuation centers. As roads and basic infrastructures are rebuilt, more and more people are returning to their homes from the evacuation centers. On the other hand, people from communities suffering total destruction by the tsunami may have to remain at the evacuation centers in the longer term. Moreover, those whose homes were partially damaged are leaving evacuation centers and returning home, but many people come to evacuation centers to receive meals since water, gas and electricity have not been restored.

JEN's approach in Tohoku

JEN dispatched its first team to Miyagi prefecture immediately after the earthquake, and conducted damage and needs assessment and assessment of transportation and procurement routes. Along with these assessments, JEN distributed emergency supplies of clothing, hygiene kits and food for soup kitchen. We also provided hot meals for 600 people in evacuation centers with the cooperation of earthquake/ tsunami victims. With volunteers, we will begin soup kitchen in Ishinomaki to deliver hot meals for victims taking shelter at their homes. Since its foundation, JEN's motto has been support for self-reliance and psychological care. We intend to provide psychological care through soup kitchen and support the victims to resume the life before the disaster.

Soup Kitchen Volunteer

We are organizing soup kitchen for victims who have difficulties securing food. We are calling for volunteers who can support us in soup kitchen.

Terms and Conditions

- Apply by group of volunteers who have experience in soup kitchen.
- The place of soup kitchen will be determined by Ishinomaki Volunteer Center, and may vary each day.
- The group will be expected to prepare meals for 100-1200 people each time.
(Please indicate the number of people the group can provide food in each soup kitchen beforehand).
- A group is requested to support for about one week (consecutive).

- The group leader will coordinate directly with the Volunteer Center for the place of soup kitchen, etc.
- The group needs to secure a vehicle to move around with cooking utensils.

Lodging

- Tents will be set up within Ishinomaki Senshu University, Ishinomaki City.
- Volunteers will use sleeping bags.
- There are temporary toilets. Shower will not be available.
- Ishinomaki Senshu University

Address: 1 Minamizakai Shinmito, Ishinomaki City, Miyagi Prefecture 986-8580

Meals

- Volunteers need to bring their own food for the duration of their stay.
- Volunteers need to bring water and drinks for the duration of their stay.

Volunteer insurance

Volunteer insurance is mandatory. Application process can be facilitated by JEN. Please fill-in the “application form”, and send it to JEN by fax or email. Please also fill-in the note of assurance, and send it by fax or post to Tokyo office.

Local meeting place

Meeting place: Ishinomaki Senshu University campus yard
1 Minamizakai Shinmito, Ishinomaki City, Miyagi Prefecture

Remarks

There are a number of NPOs and volunteer groups assisting in soup kitchen under the coordination of Volunteer Center. Please ensure the following points:

- People who can work on their own initiative are needed. We are calling for volunteers who have experience in soup kitchen.
- Volunteers will be expected to bring food, water, gas and other equipments (tents and tables) for soup kitchen, vehicle and its fuel. JEN does not provide materials and equipments required for soup kitchen.
- Please send the number of soup kitchen, the number of meals per soup kitchen and menu to JEN together with the application form by fax or email.

What to bring

	Items to bring	Note
<input type="checkbox"/>	Sleeping Bag	Cold weather is expected at night. Please bring warm sleeping bags.
<input type="checkbox"/>	Work clothes (long sleeve T-shirt and trousers)	Clothes can get dirty. No laundry service available on site.
<input type="checkbox"/>	Warm clothes (fleece, sweater)	Dress appropriately for cold weather, especially at night.

<input type="checkbox"/>	Drinking water	Drinking water may not be supplied on site. Please bring drinking water for the duration of your stay.
<input type="checkbox"/>	Food	Food is not available locally. Please bring food for your consumption.
<input type="checkbox"/>	Dust mask	Required for soup kitchen
<input type="checkbox"/>	Change of clothes, change of underwear	No laundry service or facility is available. Please bring sufficient amount.
<input type="checkbox"/>	Towels (small and big)	Towels are useful to protect your neck. May get dirty.
<input type="checkbox"/>	Toiletries	Soap, tooth brush, etc
<input type="checkbox"/>	Thick rubber gloves	Needed for clearing left overs, etc. May get dirty.
<input type="checkbox"/>	Tent	For lodging
<input type="checkbox"/>	Heat-retention silver sheets	It will keep you warm at night when used underneath sleeping bags.
<input type="checkbox"/>	Raincoat	Raincoat and nylon trousers
<input type="checkbox"/>	Medicine	Ensure to bring any medication you need
<input type="checkbox"/>	Photocopy of health insurance	
<input type="checkbox"/>	This booklet, note of assurance	JEN staff will collect the note of assurance in Ishinomaki
<input type="checkbox"/>	Flash light	Necessary for moving around at night.
<input type="checkbox"/>	Umeboshi (salted plums)	Recommended to obtain supplemental salt.
<input type="checkbox"/>	Name plate	For identification
<input type="checkbox"/>	Water bottle	Recommended to keep water for washing your eyes and hands.
<input type="checkbox"/>	Back pack/ small bag	Needed to keep valuables while at work.

※ Cell phone reception is not good.

JEN's number in Tokyo (+81-3-5225-9352) can be used for emergency contact for your family and employer.

※ If there are any items that you cannot bring, please contact JEN staff beforehand.

For soup kitchen

	Items to bring	Note
<input type="checkbox"/>	Stove	For cooking. Portable/ camp stove is not sufficient to cook large quantity. Please bring a stove that can be connected to propane/ LP gas.
<input type="checkbox"/>	Propane/ LP gas	For cooking. Please also bring a spare.
<input type="checkbox"/>	Water (enough for cooking)	You may be requested to prepare food where there is no water supply.
<input type="checkbox"/>	Pots and pans	Big ones recommended for cooking large quantity.
<input type="checkbox"/>	Gas rice cooker	There are places without electricity.
<input type="checkbox"/>	Salt and other seasoning	Cannot be supplied locally.
<input type="checkbox"/>	Rice	Please bring enough for the number of meals you plan to prepare.
<input type="checkbox"/>	Food ingredients (vegetables, meat, fish, etc.)	Please bring enough for the number of meals you plan to prepare.
<input type="checkbox"/>	Cooking utensils (chopsticks, knives, ladle, etc.)	There are no cooking utensils available for use on site.
<input type="checkbox"/>	Disposable dishes	Please bring if you have them.
<input type="checkbox"/>	Disposable spoons and forks	Please bring if you have them.

※ If there are any items that you cannot bring, please contact JEN staff beforehand.

Contact for Volunteers

JEN Headquarters Office in Tokyo +81-3-5225-9352

JEN Staff on the ground – To be informed later on.

General Inquiries

NGO JEN

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